What’s New at the College?

ACHS Announces Exciting New Format for Most Programs in 2005.

Based on the huge success of our 300 level cohort-based classes since 1999, ACHS is introducing the cohort system for most ACHS courses in 2005.

The cohort system has many benefits for distance education students, providing students with a more rewarding and interactive learning experience. You may be wondering, “How will the new cohort system benefit me?”

◆ As you begin or continue your training with ACHS, you will start and end class on set dates. Our research shows this helps you to complete by encouraging interaction.

◆ You still receive your study manuals and lab materials, but you complete all of your assessments in the interactive online classroom. A workbook option is offered for students without internet access.

◆ You learn with your peers in a dynamic, cooperative online learning environment.

◆ Class sizes are limited so you receive personal attention in small, interactive classes. Be sure to register early to reserve your place in class.

◆ You may qualify to take advantage of select accelerated courses, allowing you to earn your credential in a shorter time.

If you are thinking about beginning or continuing your natural health education or plan on working toward your ACHS Diploma requirements in 2005, now is the time to plan your class schedule.

Please contact Admissions toll free at 800.487.8839 or email admissions@achs.edu to schedule a time to discuss your class schedule.

Aromatherapy Summer School in Greece - Four Programs to Choose From! Come to One or Stay for All!

Join us in Greece for the ACHS 2005 Aromatherapy Summer School. Call today to schedule your admissions interview toll free 800.487.8839 or apply securely online at http://www.achs.edu.

These programs are the highlight of our Aromatherapy department. Our summer school 2005 will be held on the beautiful island of Syros in the heart of the Cyclades, amongst wild thyme, helichrysum and other aromatic Mediterranean botanicals.

Greece is the birthplace of the “Father of medicine” Hippocrates, who believed the body should be treated as a whole and that food should be medicine.

Summer school 2005 is an opportunity to immerse yourself in this ancient culture while enjoying hands-on training in clinical aromatherapy and essential oil distillation!

Don’t miss this rare opportunity for in-classroom aromatherapy and distillation training! Tuition for each week of study is only $1990 including all accommodation and meals. You may join us for one week or stay for all four.

We hope you can join us.
New Products & Texts for 2005

The Apothecary Shoppe has a number of new, quality products and reference books. Throughout the year, we will continue to add products, so we encourage you to bookmark the Apothecary Shoppe at http://www.apothecary-shoppe.com and check it often! Be sure to go to the Promotions area to see how you can save on your order! You can even create your own account for your ordering convenience. If you do not have a copy of the Apothecary Shoppe catalog, be sure to request your complimentary copy by sending an email to apothecary@achs.edu.

Just some of our NEW products and books:

**Essential Guide to Herbal Safety** by Simon Mills & Kerry Bone  $59.95 *Pre-Order

**New Chapter Supercritical Herbal Extracts** available in a variety of blends including Cold & Flu, Anti-Aging, and Stress Advantage. These cutting-edge botanical blends do not contain any chemical solvents or synthesized additives. Prices vary depending on blend.

**Holistic Aromatherapy for Animals** by Kristen Leigh Bell  $16.95

**Airborne** Specially formulated for use at the first sign of cold symptoms. Available in children and adult formulas. Flavors: Lemon-Lime, Orange, and Grape for children. $9.95, ten tablets in each box.

A company in Tokyo recently introduced the concept of obtaining custom, mood-enhancing aromatherapy blends administered directly through your computer. This prototype includes equipment that attaches to your computer and allows you to download a specific formula based on criteria you enter online.

Innovative Aromatherapy Products Continue to Emerge

This attachment then emits wafts of the fragrance for your enjoyment! You will be able to enter criteria for mood enhancement or even based on your astrological sign! For more information, visit:


Many other new products have emerged over the last year as well, including the Naturopatch line pictured left and nasal inhalers with unique aromatherapy blends. Naturopatches are trans-dermal patches that administer essential oils through the skin. The Apothecary Shoppe stocks these in several blends, including Stress Relief, Aches & Pains, Cough & Cold, Itch Relief for Skin Irritation, PMS Relief, and Energy & Focus. If you have not tried these products, they are a wonderful way to obtain the therapeutic effects of essential oils!

The Apothecary Shoppe also carries nasal inhalers in several blends. Visit the Apothecary Shoppe online at http://www.apothecary-shoppe.com for more information and to order!
ACHS is excited to present the 2005 Community Wellness Class and Campus schedule. This year’s campus schedule includes three Open House events. Our Open House events are a wonderful opportunity to meet ACHS staff, if you have not visited us before. If you are already a student, we invite you to visit us on these days to discuss your studies and opportunities to enhance your training.

This year’s Community Wellness classes include a variation on our popular Making Herbal Preparations class: we’ll harvest botanicals from the ACHS Botanical Teaching Garden and learn to use them in herbal preparations. Classes also discuss the therapeutic uses of botanicals and other methods of administration. Classes and campus events are offered in the evenings and weekends at the ACHS Portland, Oregon campus.

Space is limited for these classes and events, so register early by calling 503.244.0726 (Local) or toll free 800.487.8839.

CHECK OUT THE 2005 ACHS SCHOOL CALENDAR

Be sure to keep up to date with classes and events at the college by visiting our online college calendar. Go to http://www.achs.edu and click on News & Events to view the 2005 Calendar.

HERB 401 RE-CERTIFICATION PROGRAM BEGINS MARCH 21ST

ACHS is excited to announce that the Herb 401 Re-Certification program is now open for enrollment. This program allows graduates of Herb 401 prior to our accreditation to upgrade their credential to an Accredited Master Herbalist Diploma.

Contact Admissions at 800.487.8839 for more information and to register.

ACHS Donor Alumni 2005

A big thank-you to our Donor Alumni. Your support helps to fund our botanical garden, scholarships, and community wellness classes.

Brigett Camarena, Shawn Howe, Cheryl Maze, Enriqueta Rivera, Marvin Bondi, Patricia Burnett, Smilkja Kitancovic, Melanie Rae, Peggy Kubbo, Mendy Baker, Bernadette Bennett, Donald Bockelman, Donna Devine, Rebeeca Mount, and Jane DeSanti.

To become a donor member of the ACHS Alumni Association, go to www.achs.edu and click on Alumni. Submit your completed alumni application with your minimum donation of $50 and begin receiving enhanced graduate benefits!

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What’s New at the College? cont’d

The Aromatherapy Registration Council (ARC) is a non-profit organized dedicated to encouraging education standards in aromatherapy. The Aromatherapy Registration Council (ARC) endorses the concept of voluntary, periodic registration by examination for all individuals practicing aromatherapy. Registration focuses specifically on the individual and provides formal recognition of a specified level of knowledge in the field of aromatherapy.

ACHS encourages students and graduates to support developing industry standards for the education and practice of aromatherapy.

ARC applicants must be a graduate of a Level II NAHA Approved program to be eligible to sit the national registration exam. Graduates of the Aroma 201 Certificate in Aromatherapy program have met this requirement.

The ARC exam is offered twice per year in testing centers across the United States and abroad. For more information about the Aromatherapy Registration Council and to find a Registered Aromatherapist in your area, please visit: http://www.aromatherapycouncil.org.

ACHS would like to congratulate the following ACHS graduates who passed the ARC exam in November 2004.

New Registered Aromatherapists:
Lora Cantele, Lisa Davis, Carol Duncan, Nina Delese, Darren Koh and Deborah Halvorsen.

Join the rewarding profession of Aromatherapy. If you would like information about aromatherapy training, please contact ACHS Admissions at 800.487.8839 or visit www.achs.edu!
Congratulations to Our New Graduates

Please note, graduates in this section are from November/December 2004. If you graduated after January 1, 2005, your name will appear in the next issue.

Aroma 101 Introduction to Aromatherapy
Christy Clark, FL; Jill Turpin, NY;

Aroma 201 Certificate in Aromatherapy
Julie Anderson, OR; Darlene Forde, NY; Justine Davies, OR; Miranda Corbell, CA; Theresa Wade, WI; Beatrice Marchand, MA; Laurita Watson, CA; Merial McGuire, OR; Heidi O’Clare, WA; Elizabeth Kennett, WA; Katherine Copsey, CA; Dale Watten, VA; Carol Duncan, OR; Mary Dyson, ME.

Aroma 401 Diploma in Aromatherapy
Linda Byington, OR; Donna Devine, OR; Sara Nameth, MI; Shay Groenewold, CA

Nat 201 Certificate in Nutrition, Bodycare & Herbalism
Lucia Unzaga, UT; Sarah Stawasz, MI; Marelle Malone, OR; Peggy Kubbo, NC; Erika Urban, WI; Christel O’Rourke, CA.

Nat 202 Certificate in Flower Essences
Lisa Brockway, OR

Nat 204 Certificate in Homeopathy
Donna Caire, LA

Nat 205 Certificate in Holistic Structure and Function of the Human Body
Malinda Patch-Gray, IA

Nat 301 Certificate in Natural Therapies
Shelley Flynn, KS

Nat 308 Certificate in Holistic Nutrition
Rebecca Lord, Singapore; Donna Devine, OR; Karin Chawla, India; Jana Lucas, AL; Linda Byington, OR; Rosine Andre-Trippel, IL; Sara Knight, CT; Beatrice Marchand, MA; Nikole Koszarek, OR; Angela Goodloe, OR; JuDee Gilmer, WY; Melissa Gnotke, MN; Holly Keeling, CO; Kasey Argenbright, NJ; Emily Dean, NJ; Susan Miller, NJ; Missy Gideon-Collette, OR

Herb 101 The Basics of Herbalism
Catherine Lane, Canada; Ondiel Gonzalez, MT; Donald Bockelmann, Singapore; Christina Bronson, FL; Alan Pew, NJ.

Herb 201 Certificate in Herbal Studies
Ann Ritrovato, CA; Geri Ross, OR; Genevieve Day, IN; Laura Armstrong, WA.

Herb 401 Diploma in Herbal Studies
Sara Wubben, CA; Rebecca Adams, VA; Jessica Dumond, NM; Amy Jirsa, ME; Catherine Warner, OR; Tom Mondell, PA; Grace Murphy, CA; Elizabeth Cuddie, OR; Grace Murphy, CA; Tanya Carwyn, CO; Amy Magrinat, NC; Jocelyn Hild, AK; Karen Church, OR.

Herb 401 Diploma in Homeobotanical Therapy
Rebecca Mount, OR.

Helpful Hints...

If you ever need assistance with your program...

Be sure to call us toll free 800.487.8839 or email your instructor directly. You may also reach Student Services at stuserv@achs.edu. There are no “stupid” questions, so always contact us as soon as you need help!

ACHS is a State Licensed Private Career School with the Oregon Department of Education and Nationally Accredited with the Distance Education and Training Council. Founded in 1978, the College is at the forefront of holistic health education worldwide.

The ACHS Reporter is published by Australasian College of Health Sciences

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