What’s New at the College?

ACHS Fall Classes Now Open for Enrollment!
Registration Deadline is August 5th.

August 5th is the Registration Deadline for online Fall classes. What are ACHS students saying about our online courses?

“It’s great to be able to discuss things with your instructor as well as the class.”
- Donna Devine, Aroma 401 & Herb 401 Graduate

“Hello! I am very satisfied with the learning process and the structure of the Master Herbalist course. I am very very happy about this enrollment. You are doing a great job, thank you!”
- Paul Benedetti, Herb 401 student

ACHS wants to help you realize a healthier life for you and your family and find success with a career in natural health!
Start earning your credential today!

Click http://www.achs.edu and go to News & Events to link to the 2005 Fall Class calendar.

Call Admissions toll free 800.487.8839 or email to admissions@achs.edu to Apply for Admission. Classes are limited to 30 students, so don’t delay!

ACHS Announces New Staff

ACHS is proud to announce the appointment of Steve Adams as the Associate Education Director. Steve has nearly 20 years experience in post-secondary education at institutions such as OHSU, California State University, Washington State University, and Corinthian Colleges, Inc. He has occupied various leadership and management roles in both public and private sector academic environments, including campus president and director positions in continuing education, public affairs, operations, marketing and communications. An LMT since 1996, Steve has a deep interest and commitment to natural health.

NINA DOLESE

Nina has been a massage therapist since 1994. She started working with essential oils in 2002. She felt that there were enough massage therapists, but not enough access to natural ways of healing. She turned to working with herbs also while she was involved with Shaolin Kung Fu. There was an herbal formula that was used with the Iron Palm training for stopping bruising while fighting. Old traditional Kung Fu used herbal remedies to heal during training.

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Graduate Profile: Nina Dolese

Nina has completed several ACHS programs including Summer School in France and Greece and is currently completing the Aroma 401 and Herb 401 program requirements.

Nina is a Registered Aromatherapist with the Aromatherapy Registration Council and serves as the NAHA Oklahoma State Director. She currently owns her own aromatherapy store, Universal Therapeutic Aromas, offering products in aromatherapy and herbs.

Nina also supports the following organizations: American Herbal Products Association, American Herbalists Guild, United Plant Savers, NAHA, and the American Botanical Council. She is also a second degree Reiki practitioner.

See pg. 4 of this issue for more graduate profiles and visit us online at http://www.achs.edu, click on Alumni.

ACHS Campus Events:

Wednesday, August 10, 12-5 pm
3rd Annual ACHS Lavender Distillation Demonstration & Open House
Come in and meet College staff, join us for learning to make aromatic sprays, essential oil distillation and browse our Apothecary Shoppe.

12:00 pm - Lavender Distillation Demonstration. Learn about harvesting lavender and see distillation demonstration of lavender essential oil.

1:00 pm - Aromatic Spray Demonstration
Learn to prepare an aromatic room or body spray.

2:00 pm - Informational Presentation
Director of Admissions Tracey Miller will do a short presentation on the College, accreditation, and courses offered.

3:00 pm - Tour of ACHS Botanical Teaching Garden. Enjoy a tour of our Botanical Teaching Garden led by ACHS Faculty. The Botanical Teaching Garden features a number of at-risk and native medicinal botanicals.

Be sure to register early for campus events. Call 503.244.0726 or register online at http://www.achs.edu.

ACHS Summer School in Greece 2006

ACHS is now finalizing the travel dates and program offerings for Summer School in Greece 2006. If you’d like to receive priority enrollment, please send an email to traceymiller@achs.edu to join the waiting list. Summer School 2006 is sure to fill quickly, so start planning now!

Upcoming Events

Festivals and conferences are a great way to tune into what’s happening in the natural health industry. It also gives natural health enthusiasts worldwide a chance to meet each year to share ideas and network! Here are some events happening this year:

August:
3rd Annual ACHS Lavender Distillation Demonstration & Open House
August 10, ACHS Campus, Portland, OR
Visit http://www.achs.edu for registration information. FREE. Open to the public.

October:
National Aromatherapy Conference
Sponsored by Aromatics in Action
October 6-9, 2005. Executive Tower Hotel. Denver, Colorado. This conference on aromatherapy features dynamic speakers and breakout sessions as well as complete tradeshow and bookstore for participants. ACHS Advisory Board Member Geraldine DePaula is a speaker on several topics during the conference. Visit www.AromaticsInAction.org for registration information and preliminary program.

November:
American Herbalists Guild’s 16th Annual Symposium
November 4-6. Held at the Benson Hotel in Portland, OR. The theme of this year’s conference is Treating Chronic Illness With Herbal Medicine. This is the first time the AHG conference is being held in Portland. We encourage all students and graduates that will be attending the conference to visit our College campus while in town! The AHG Symposium provides wonderful opportunities for practitioners, educators, and herbal students to discuss important industry information and critical research. Click www.americanherbalistsguild.com or call 770.751.6021 to register.
What’s New in the Apothecary Shoppe

The Apothecary Shoppe is always adding quality therapeutic products and exciting new reference materials. Go to http://www.apothecary-shoppe.com to view the newest Apothecary Shoppe products. Remember, ACHS students receive a 10% discount and graduates receive 15% off!

For students beginning class in the Fall, there are several recommended texts and helpful study guides available online at http://www.apothecary-shoppe.com. Get a jump on your fall classes by starting with the recommended reading!

ACHS Chapter of the Delta Epsilon Tau Honor Society

ACHS maintains a Chapter of the Delta Epsilon Tau (DET) Honor Society. The DET Honor Society is sponsored by the Distance Education and Training Council and was established to:

• Recognize the academic achievements of students who study at a distance;
• Publicly demonstrate that distance study is truly a viable educational option;
• Inspire both students and faculty in the distance study community; and
• Bring honor and earned recognition to individuals who have worked diligently to acquire new knowledge and skills from an accredited distance learning institution.

Membership Selection Criteria:

• Earn academic average of at least 90% on all written assessments and final exam.
• Complete Honors project as defined:

1/ Honors projects require students to complete one extra project for each course, such as volunteering at a community garden project, a children’s hospital, or any experience that allows you to apply any of the concepts in your course to real-life situations, for a minimum of 10 hours. The Honors Option requires you to describe your experience in a 3-4 page, double-spaced.

2/ ACHS is now also offering Honors credit when you donate fresh herbs and other produce to your local food bank and submit a short essay describing your experience. We encourage everyone to grow a little extra in his or her to donate. You may also earn Honors credit by working in the ACHS Botanical Teaching Garden for at least 10 hours (may be done over the duration of your program).

3/ Students must complete their Honors project once they have met the criteria by successfully passing all assignments with an average of 90% or better. Students must submit their Honors project prior to completion of the final exam for their program. To earn Honors, students must also then pass the final exam with a 90% or above.

Industry News

There has been a lot of information circulating on the internet regarding the proposed Codex legislation and how it will affect the DSHEA regulations. ACHS relies on industry organizations such as the American Herbal Products Association (AHPA) to keep us informed about these proceedings. The AHPA recently published information on their website in regard to this issue. We would like to refer all students to this site for accurate, up-to-date information about this issue. Please visit: http://www.ahpa.org/update_05_0413.htm for the AHPA update Facts about Codex and Dietary Supplements published April 19, 2005.

From the above AHPA web page, you may also download more information including "a short background on Codex as well as succinct discussions of the relationship between Codex and the [WTO] and of the pending adoption by Codex of guidelines on vitamin and mineral food supplements (VMS Guidelines). The effect of Codex on both international and domestic trade is also addressed and a short commentary on another international regulation, the EU Directive on Food Supplements, is also included.”
ACHS Graduates

Due to the large number of 2005 ACHS graduates, we have created a separate listing of graduates online at http://www.achs.edu. Click on Alumni, then Alumni Spotlight. See the ACHS 2005 Graduates and check out the Alumni Spotlight!

AHG Council of Students

Herb 401 Diploma in Herbal Studies
Master Herbalist student Stephen Beyer has been appointed as the ACHS Student Representative for the newly formed AHG Council of Students (CoS). The overall goals of the CoS are to bring the needs and concerns of herbal students to the forefront of the AHG, to develop programs that facilitate the growth of students into herbal practitioners and AHG professional members, and to increase the visibility of AHG in schools, increasing the number of student herbalists, and eventually herbal practitioners, within the AHG. The AHG believes that with ongoing input and guidance from students, we can collectively increase botanical medicine educational opportunities and their quality in the US, and ultimately, strengthen the viability of the herbal profession.

The CoS will be an active body with an active board, keeping AHG apprised of the needs of students both in the organization and generally, representing the interests and concerns of schools to the AHG and the goals and interests of the AHG to schools. It is through the active cooperation between schools and the AHG as the premier botanical medicine practitioner organization in the US that we can also guarantee the successful future of the herbal practitioner in this country.

The ACHS Student Representative Stephen Beyer will be updating students as the Council moves forward through the ACHS Yahoo Discussion Group and as published in the ACHS newsletter. If you have any issues you feel should be discussed, please make these known via the ACHS Yahoo Discussion Group or email directly to achs@achs.edu.

Study Tip

Nina Dolese, ACHS Student & Graduate

"I thought I would share what has been helping me with the Herb 401, Iridology and Nat 205. The binders are so large and so is the amount of info in them. I have taken just the modules that I need to work with and placed them into 1/2" binders. This has helped me not feel so overwhelmed about having to "lug out" this big book. It is easier to pack with me if I know I have to sit some place for awhile so I can get some reading done."