Feeding a Healthy Family

October 20-22, 2006
Sonoma State University
(Cooperage Room) Sonoma, CA

Friday 7:00 to 9:00 PM

Healing Piano Improvisations concert with live performance by Peter Kater
Healing from the Heart ~ Thomas Cowan, MD

Saturday 9:00 AM to 5:30 PM (6 NNP Category I CEUs)

Preparing for Healthy Pregnancy and Childbirth ~ JJ Virgin, CNS, CHFI
Nourishing the Family One Bite at a Time ~ Rebecca Katz, Natural Chef
The Role of Probiotics in Creating Family Health ~ Ann Louise Gittleman, CNS, Ph.D.
Motivational Counseling Techniques to Improve Family Health & Nutrition ~ Shelli Rose, MFT
Overcoming Obesity: Creating Culturally Potent Programs ~ Ed Bauman, M.Ed., Ph.D.

Sunday 9:00 AM to 5:00 PM (3 NNP Category I CEUs)

Age-related Cognitive Dysfunction: A Natural Approach ~ Gene Bruno, MHS, RH (AHG)
Selecting Supplements: Avoiding the pitfalls of sub-potent or contaminated products ~ Vital Nutrients
Tools in Developing Targeted Nutrition Programs: Urine Organic Acids ~ Metametrix
Enhancing Patient Education & Compliance with Quality Educational Material ~ Sylvia Kreutle, HealthQuest
NANP 2007 Master Plan ~ Lynn Keller, NC, NANP Executive Director

Nutritional Solutions Conference 2006

National Association of Holistic Nutrition Certification Board
NANP National Association of Nutrition Professionals
Learning Objectives

Participants will learn

...the importance of detoxification in planning a pregnancy and the essential nutrients for a healthy pregnancy & child.

...learn helpful tools and advice for dealing with the ups and downs of making meals and nourishing a family.

...how to use probiotics to effectively support family health and manage various digestive system issues.

...how to design a community education program for a target population.

...the etiology and impact of cognitive dysfunction on families and natural methods of prevention, including diet, supplements and other modalities.

...how to avoid the pitfalls of sub-potent or contaminated dietary supplements.

...how to customize treatment for each individual client using markers of: metabolism functions, nutrient status, and detoxification ability.

...about an easy to use tool to enhance client education and compliance.

Accommodations

Holiday Inn Express - Sebastopol
Wine Country
1101 Gravenstein Hwy South,
Sebastopol, CA
special rate: $107.90
single or double occupancy
www.ichotelsgroup.com/h/d/ex/1/en/hd/sepas

Directions

Sonoma State University is located 50 miles north of San Francisco, off Highway 101, adjacent to Rohnert Park and Cotati.
For directions, go to: www.sonoma.edu/university/directions.html

Special thanks to our sponsors...

To Register

Call: 800-342-8037, or register online at: www.nanp.org

Entire program (includes Sat/Sun lunch & syllabus)

$225 members
$295 non-members
$175 student members

$45 Friday only

Saturday only (includes lunch & syllabus)

$95 member students
$150 members
$175 non-members

$100 Sunday only (includes lunch & syllabus)