Hand & Nail Butter

A rich, moisturizing and healing formula for irritated, dry hands and nails. Also great for soothing and softening chapped lips, rough knees, elbows and feet. Keeps skin soft and speeds healing.

Ingredients:
- Beeswax 1 tbsp.
- Cocoa butter 2 tbsp.
- Sweet Almond oil 4 tbsp.
- Lanolin, anhydrous 1 tbsp.
- Lemon essential oil 50 drops

In a small saucepan over low heat or in a double boiler, warm all ingredients except essential oil until wax and cocoa butter are just melted. Remove from heat and stir a few times to blend. Add essential oil, stir, and pour into container(s). Cover container(s) lightly with a paper towel, and cap when cooled. Leave the butter at room temperature for 12 hours prior to use to allow cocoa butter to set up completely. The finished formula should have a soft paste wax consistency. It requires no refrigeration, but for maximum potency and freshness, use within one year. Store in plastic or glass jars or tins. Yields approximately 1/2 cup or 4 ounces.

Nail and cuticle treatment: Soak clean fingertips in a bowl of warm water for 2 minutes to soften nails and cuticles. Pat dry, then apply a tiny dab of this butter onto the base of each nail and massage in. Using a small piece of cotton flannel, gently push cuticles back and lightly buff nails with the cloth.