ACHS is excited and proud to announce our newest diverse continuing education programs now available for enrollment. They are designed to increase your knowledge base in your current or future practices. Continuing your education and finding programs that directly relate to your field has been a difficulty for many people. ACHS heard your requests for complete, unique, and comprehensive programs that will provide CEUs to your professions. These 10 week Instructor lead eClasses will meet your CEU Needs.

November 2005
CE 511 Advance Herbal Material Medicine
CE 512 Botanical Pharmacognosy & Phytochemistry

January 2006
CE 502 Foundations of Organic and BioChemistry
CE 513 Botany and Plant Identifications
CE 514 Fundamentals of Toxicology & Safety in Botanical Medicine

Contact Admissions today!
800-487-8839

Welcome, Joel Strimling to the ACHS Team! Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.

Welcome, Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.

What’s New at the College?

Australasian College Announcements

ACHS is excited and proud to announce our newest diverse continuing education programs now available for enrollment. They are designed to increase your knowledge base in your current or future practices. Continuing your education and finding programs that directly relate to your field has been a difficulty for many people. ACHS heard your requests for complete, unique, and comprehensive programs that will provide CEUs to your professions. These 10 week Instructor lead eClasses will meet your CEU Needs.

November 2005
CE 511 Advance Herbal Material Medicine
CE 512 Botanical Pharmacognosy & Phytochemistry

January 2006
CE 502 Foundations of Organic and BioChemistry
CE 513 Botany and Plant Identifications
CE 514 Fundamentals of Toxicology & Safety in Botanical Medicine

Contact Admissions today!
800-487-8839

Welcome, Joel Strimling to the ACHS Team! Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.

Australasian College Announcements

What’s New at the College?

Welcome, Joel Strimling to the ACHS Team! Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.

Australasian College Announcements

What’s New at the College?

Welcome, Joel Strimling to the ACHS Team! Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.

Australasian College Announcements

What’s New at the College?

Welcome, Joel Strimling to the ACHS Team! Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.

Australasian College Announcements

What’s New at the College?

Welcome, Joel Strimling to the ACHS Team! Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.

Australasian College Announcements

What’s New at the College?

Welcome, Joel Strimling to the ACHS Team! Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.

Australasian College Announcements

What’s New at the College?

Welcome, Joel Strimling to the ACHS Team! Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.

Australasian College Announcements

What’s New at the College?

Welcome, Joel Strimling to the ACHS Team! Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.

Australasian College Announcements

What’s New at the College?

Welcome, Joel Strimling to the ACHS Team! Erin Hickman to the ACHS Team! Erin is a graduate of the ACHS Aroma 201 program. She strives to live a healthy lifestyle and looks forward to representing the College, and expanding her knowledge by taking more courses. Some of Erin’s interests include: writing, drawing, studying herbs and flowers, exercise, and a great love for travel. She has been to Fiji Islands, Indonesia, India, and Egypt. She loves meeting different ethnicities and studying their cultural differences.
Hurricane Katrina Animals and People
Need Your Help not Just Money.

ACHS donated Supplies to the New Waveland Cafe after being emailed by a friend of the college in desperate need of assistance. Here is what impacted us to act immediately and encouragement to help in this emergency:

RECOMMENDATIONS

- Keep clean without water: Use hydrogen peroxide, Antibacterial wipes, germ-X (waterless hand cleaners)
- Avoid crowds, flashing lights,and flashing speakers
- Keep plastics and toys to avoid mold growth
- Clean feed bowls with bleach
- Don't give pets human or livestock medicine
- Keep pets comfortable in temporary shelters
- Keep pets healthy with vaccines
- Keep food and water cool
- Help pets adapt to new surroundings

APOTHECARY SHOPPE 800-487-8839
GREAT WINTER PRODUCTS for your kids

Kinder Love Plarixis is more than just a kid's multivitamin with added calcium. Kinder Love uses only highly soluble forms of calcium in liquid, which meansthey are easily absorbed and put to good use, eliminating the need for exaggerated doses that compete with the absorption of other vital nutrients. It is also ironfree, as iron competes directly with calcium for absorption. strong bones and teeth.

Prince of Walesbacks alternative treatment
By David Rose

Complementary therapies such as acupuncture and osteopathy should play a greater role in the NHS, a report commissioned by the Prince of Wales said. The study ordered by the Prince, a long-standing advocate of complementary and alternative medicines, claims that if they were more widely available on the NHS, the nation’s health and the wider economy would benefit.

However, the conclusions of the report, commissioned nine months ago, were said to have been watered down after a draft version was leaked to The Times this month. An adviser to Barclays Bank, found that people suffering from chronic conditions such as back pain, anxiety, stress and depression could benefit from such therapies.

Along with the essential oil project the Mesoamerican Development Institute has designed, developed and introduced industrial solar coffee dryer to the region. This loss of forest is roughly equivalent to three square centimeters of forest for each cup of coffee we consume. Natural resources are being destroyed and this new innovation of solar drying coffee is producing a certified fair trade and certified organic product.

Coffee we consume. Natural resources are being destroyed and this new innovation of solar drying coffee is producing a certified fair trade and certified organic product.

As professional members, Petersen and von Karl will be recognized with the title RH(Registered Herbalist). Aromatherapy Inhalation for Inflammation, Sinusitis, Bronchitis

Eucalyptus oil: 30-drops
Lavender oil: 15-drops
Pine oil: 12-drops
Myzoril oil: 6-drops
Thyme oil: 3-drops
Add 6-drops to a bowl of boiling water and inhale for 5-10 minutes.

SPOOKY HALLOWEEN ORGANIC TREAT

Bloody Eyeballs on the Rocks

1. Prepare these bloody eyeballs the day before your plan to serve them.
2. Peel radishes, leaving thin streaks of red skin on them for blood vessels.
3. Using the tip of a vegetable peeler or small knife, carefully scoop out a small hole in each radish to fit the olive.
4. Stuff a green olive, red pimento side out, in each hole.
5. Place 1 radish eyeball in each section of an empty ice cube tray. You may need to trim your eyeballs down a bit to fit.
6. Fill the tray with water and freeze overnight.
7. Pour tall glasses 3/4 full of tomato juice and add a pair of eyeballs to each glass.

Email kateharmon@achs.edu with recipes continued from page 1.

As professional members, Petersen and von Karl will be recognized with the title RH (Registered Herbalist).

ACHS President and ACHS Instructor Gia Von Karl receive professional membership to American Herbalists Guild.

Doreen Petersen, president of the Australasian College of Health Sciences, and Gia von Karl, an instructor at the college, have received their professional membership designations from the American Herbalists Guild (AHG).

Recipe of the month

ABRONAMOTHERAPY INHALATION FOR INFLUENZA, SINUSITIS, BRONCHITIS

Recipe of the month

ABRONAMOTHERAPY INHALATION FOR INFLUENZA, SINUSITIS, BRONCHITIS

Eucalyptus oil: 30-drops
Lavender oil: 15-drops
Pine oil: 12-drops
Myzoril oil: 6-drops
Thyme oil: 3-drops
Add 6-drops to a bowl of boiling water and inhale for 5-90 minutes.

SPOOKY HALLOWEEN ORGANIC TREAT

Bloody Eyeballs on the Rocks

1. Prepare these bloody eyeballs the day before your plan to serve them.
2. Peel radishes, leaving thin streaks of red skin on them for blood vessels.
3. Using the tip of a vegetable peeler or small knife, carefully scoop out a small hole in each radish to fit the olive.
4. Stuff a green olive, red pimento side out, in each hole.
5. Place 1 radish eyeball in each section of an empty ice cube tray. You may need to trim your eyeballs down a bit to fit.
6. Fill the tray with water and freeze overnight.
7. Pour tall glasses 3/4 full of tomato juice and add a pair of eyeballs to each glass.

Email kateharmon@achs.edu with recipes continued from page 1.

As professional members, Petersen and von Karl will be recognized with the title RH (Registered Herbalist).

Recipe of the month

ABRONAMOTHERAPY INHALATION FOR INFLUENZA, SINUSITIS, BRONCHITIS

Eucalyptus oil: 30-drops
Lavender oil: 15-drops
Pine oil: 12-drops
Myzoril oil: 6-drops
Thyme oil: 3-drops
Add 6-drops to a bowl of boiling water and inhale for 5-90 minutes.

SPOOKY HALLOWEEN ORGANIC TREAT

Bloody Eyeballs on the Rocks

1. Prepare these bloody eyeballs the day before your plan to serve them.
2. Peel radishes, leaving thin streaks of red skin on them for blood vessels.
3. Using the tip of a vegetable peeler or small knife, carefully scoop out a small hole in each radish to fit the olive.
4. Stuff a green olive, red pimento side out, in each hole.
5. Place 1 radish eyeball in each section of an empty ice cube tray. You may need to trim your eyeballs down a bit to fit.
6. Fill the tray with water and freeze overnight.
7. Pour tall glasses 3/4 full of tomato juice and add a pair of eyeballs to each glass.

Email kateharmon@achs.edu with recipes continued from page 1.